Pioneers' seniors take football camp literally

By SCOTT PAIDA (Local News Writer) September 3, 1989

Senior athletes always tend to be relatively closeknit bunch, both on and off the field. In a sport as competitive as football, unity, especially among the seniors, can be an important intangible for success.

Conestoga, with 11 senior starters returning this year, has that unity, and then some.

"They've come up together and had success together," second year head coach Bruce Udovich said. "They're a good bunch."

Never was Conestoga's senior's togetherness more evident than Sunday evening, Aug. 20.

Conestoga players were scheduled to be on the practice field at 7 a.m., which meant getting to the field very early to get ready.

To make certain they wouldn't be late, a dozen of the Conestoga seniors slept out on the practice field and watched the Eagles-Jets game on television.

"It's the start of a new year, and we're trying to set an example," senior wide receiver John Mansfield said. "Everyone gets together. There are no prima donnas on this team."

While the seniors are setting a fine example, the task they face is a challenging one. Conestoga is coming off a 3-7-1 season. The Pioneers were seventh at 3-5-1 in the Central League.

"We have the potential to improve," senior tight end Steve Speers said. "We have a strong offensive line and good quarterback. I think we'll do better than last year."

The offensive line features four returning senior starters--- Chris Shelton, Keith Layman, Andy Ralston, and Fritz Lloyd. Charles Crawford, the only senior on the team who is not a returning starter, is the new Pioneer signal-caller.

Conestoga didn't have much luck in a lot of areas last year, but the one in which they were fortunate was graduation losses.

The Pioneers lost only two 1988 starters, Andrew Champion and Scott Baker, and both were offensive linemen, an area in which Conestoga has some depth.

"We weren't hurt by graduation at all last year," Mansfield said. "We've got a lot of returning starters and that a key."

Conestoga's returning seniors are versatile as they are unified.

Every single returning senior starter for the Pioneers plays on both sides of the ball, an important asset since Conestoga did not have many come out for the team.

Udovich believes that the type of unity exhibited by his players is important for any team, not just his.

"It's the kind of thing you need," Udovich said. "It makes winning football, and no doubt it will help a lot this year."

While togetherness may not necessarily be enough to overcome perennial Central League giant Ridley, it may just be enough to keep Conestoga in contention in 1989 and improve on its losing records the last two years.

The Conestoga seniors have been together since their sophomore years.

"These guys not only play together, they're family," says Udovich, and that says Udovich, is important.

"When you like the guy next to you," Udovich said, "It makes a world of difference."

CHARLIE CRAWFORD Senior 5-10, 165 Quarterback



NIGEL COLES Senior 5-9, 165 Tailback Linebacker



RYAN NAGLE Senior 5-9, 160 Tailback Linebacker



ERIC HATTON Senior 5-9, 160 Fullback Linebacker



JIM FALCONE Senior 5-9, 155 Wide Reciever Linebacker



Conestoga Seniors

Great Valley's wishbone breaks Conestoga

By PAUL DODD (Local News Sports Staff) September 10, 1989

BERWYN—This wishbone is a tricky offense; both to run and to defend. Teams that run it well can enjoy either great success or suffer incredible failure.

For Great Valley, the former was the case Saturday night at Teamer Field, as the Patriots manhandled Conestoga for a 13-0 victory.

The Patriots ran the ball well, especially early in the game. "The long run hurt us," said Conestoga (0-1) coach Bruce Udovich. "Once we got the feel for (the wishbone), we could stop it. They just out-physicalled us and they were a little bit fast for us."

Charlie Crawford's debut as the Pioneer quarterback was a little rocky, as the 5-foot-10 senior tossed two interceptions in the first half, both costly.

The Pioneers came right back; however, on the strength of workhorse tailback Mike Billela. Conestoga

took the ensuing possession down to the Great Valley 11 before Crawford's second interception.

Tight end Eric Thorne appeared to have a good chance of catching the pass in traffic near the goal line, but Hasse pulled the ball down after two tips to foil Conestoga's best scoring chance of the night.

"If we catch the pass, it's 10-7," Udovich said with his shoulders shrugged and palms facing skyward. "Our kids came back. We drove right down the field."

Conestoga's defense forced Patriot quarterback John Delaney to make a bad pitch on Great Valley's first drive of the second half, and John Mansfield recovered at the Pioneers' 41.

After a first down, four short carries by Billela and two more incompletions; however, Conestoga had to punt the ball away.

"We were worried about their passing game and Billela," Honing said. "We had to go to a slanting defense to stop him last year (in Great Valley's 20-0 win)."

<u>21-0 Victory</u> Rains, Alston drown W.C. East

By DAVE SOTTILE (Local News Sports Staff)



DARRELL ALSTON

September 17, 1989 BERWYN-Senior tailback Darrell Alston rushed for 226-yards on 16

carries Saturday night, scoring on a 90yard dash, as Conestoga shocked West Chester East 21-0 in a nonleague game delayed for over an hour by lightning and heavy rain.

The Pioneers (1-1) got a great effort from quarterback John Mansfield, who started in place of injured Charles Crawford and threw a 43-yard TD pass to Eric Thorne to give the hosts a 7-0 lead with 8:53 to play in the first period.

Mansfield was a standout defensively as well, intercepting two passes and recovering an East fumble.



Leading 7-0 late in the third quarter, Conestoga put a stranglehold on the game when Alston broke loose on a 90-yard sprint down the sidelines. Getting a great block from wideout Maxi Barajas, Alston eluded a diving Scott Chisholm at the East 10-yard line and went in for the score.

MAXI BARAJAS

Much of the first three quarters were played in a driving rain, but after Jamie Knies added his second PAT of the night, play was stopped with 26 seconds left in the third quarter when heavy thunder and lightning swept Teamer Field.



After 70 minutes of a delay, play resumed on a soggy field and the Pioneers got a five-yard TD from sophomore fullback Owen Hicks to put the game away and seal the upset.

Owen's score was set up by six straight carries by Alston, good for 56 yards.

OWEN HICKS

"We didn't let the delay affect us," Alston said after his clubs first win of the year. "We wanted this game very badly."

Mansfield, a receiver pressed into QB duty for the second straight year, said that the Pioneers were more intense than in the last week's loss to Great Valley.

"We were disappointed in our play last week," he said. "We knew we had to pick up the intensity against East if we were going to improve."

"We've done a lot of conditioning and I think that helped us in the end," Mansfield said. "We were getting stronger as the night went on."

The win was a special one for Conestoga coach Bruce Udovich.

"It's a great win for the kids," he said after the triumph. "We worked hard in the pre-season with (scrimmages against) Downingtown, Coatesville, and Phoenixville and that work is paying off for these kids."

> DARRELL ALSTON, Senior 5-10, 165 Wide Receiver / Safety MAXI BARAJAS, Senior 5-10, 165 Wide Receiver / Defensive Back **OWEN HICKS**, Sophomore 6-0, 185 Fullback / Linebacker



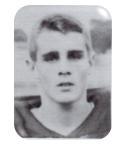
BRIAN RAPPAPORT Senior 6-1, 230 Offensive Tackle Defensive Tackle



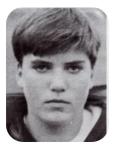
SEAN MCLAUGLIN Senior 5-10, 205 Offensive Tackle Defensive Tackle



ANDY RALSTON Senior 5-10, 185 Offensive Tackle **Defensive Tackle**



DARIN D'ASCANIO Junior 5-9, 155 Tailback Safety



DAVE VERRECHIA Junior 5-10, 185 Offensive Tackle **Defensive Tackle**

Pioneers thrashed in Central grid opener

By DENNY DYROFF (Local News Correspondent) September 24, 1989

SPRINGFIELD—After night and day performances in its first two games, Conestoga's football team was somewhat of an enigma heading into Saturday morning's Central League opener against Springfield (Delco).

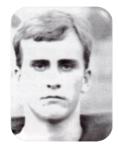
The Pioneers, who were coming off a stunning upset shutout of West Chester East, simply were unable to handle the stronger Cougars—especially lightning quick running back Chuck Robinson. "At 10-0, we were still in the game," said Udovich. "That 71-yard run broke our back. There was no excuse for it—just a total breakdown on our part."

"Sometimes, when things are going bad, it just gets worse. Then, the kids start second-guessing themselves and the mistakes get even bigger."

"Also, Springfield is good. They're strong and they just out-physicaled us. Those holes out there were not a mirage. They controlled the line of scrimmage both ways." Loss 38-0



Offensive Backs



DEAN WORKMAN Junior 5-10, 165 Center Defensive Tackle



WILL KNAPP Junior 5-10, 175 Offensive Tackle Defensive Tackle



KIYEOL CHOE Junior 6-0, 165 Tight End Defensive Back

No Photo for Seniors Jamie Knies Eric Thorn No Photo for Junior Derek Apanovitch

<u>28-13 Victory</u> Alston's 200 yards spark Conestoga

By DENNY DYROFF (Local News Writer) October 1, 1989

BERWYN—If the sine wave graph which has charted the 1989 Conestoga football season held true to its pattern against visiting Upper Darby Friday the Pioneers should have won easily. And they did.

Conestoga scored the game's first three touchdowns and cruised to a 28-13 Central League win over the visiting Royals.

The Conestoga team that defeated Upper Darby looked completely different from the squad that was thumped by Springfield-Delco six days earlier—and with good reason.



The Pioneers took the field Friday with a completely revamped offense.

Darrell Alston was Conestoga's wide back and he victimized the Upper Darby defense for two touchdowns and 200 yards on 26 carries.

DARRELL ALSTON

"It wasn't Alston that killed us—it could have been Mickey Mouse running those plays, because it was the

formation," said Shingle. "It was the coaching that won the game for them—the way they set up an offense in three days time." Conestoga coach Bruce Udovich, whose team is 2-2 overall and 1-1 in the Central League, credited offensive coordinator Joe Gallagher.

"It took us just two days to put the new offense in," said Gallagher. "It's brand new. We don't have a true fullback and we wanted an offense so we could get Mike (Billela) and Darrell (Alston) on the field at the same time.

"On our wide plays, usually the fullback would lead the play. Instead, we had the fullback lined up at the wing position and he was getting to his block quicker."

The Pioneers new strategy worked well. On their first play from scrimmage, Alston broke loose on a 79-yard touchdown run.

On their second possession, the Pioneers moved the ball 69 yards on a time-consuming 19-play drive and capped the series with a 20-yard TD run by Alston.

Late in the first half, Conestoga opened up a 21-0 lead when quarterback John Mansfield connected with Mike Billela for a 26-yard aerial TD.

At the same time, Conestoga's defense was stifling the Royals. Upper Darby got its initial first down with 27 seconds left in the half and then crossed midfield for the first time on the following play—a 61-yard TD pass from Greg Lingo to Greg Smith. 14-13 Victory

Conestoga wins 2nd straight

Daily Local News October 8, 1989

Conestoga won its second straight Central League football game Saturday as it beat Lower Merion 14-13.

The Pioneers moved to 2-1 in the league and 3-2 overall, while Lower Merion fell to 1-2 in the league and 2-3 overall.

Darrell Alston scored on a five-yard run for Conestoga, and John Mansfield scored on a quarterback sneak from the 1-yard line. Lower Merion scored its two touchdowns on passing plays.

The difference in the game was Conestoga placekicker Jamie Knies, who hit both extra points. Knies, a goalie for Conestoga's soccer team, played in Friday's 2-2 overtime tie with Penncrest, and still had enough energy to kick on Saturday.

Conestoga got strong performances both ways from Fritz Lloyd, Chris Shelton, Steve Speers, Jimmer Childs and Keith Layman.



FRITZ LLOYD Senior 5-11, 195 Offensive Guard Defensive Tackle



CHRIS SHELTON Senior 6-4, 210 Offensive Tackle Defensive End



STEVE SPEERS Senior 6-1, 205 Tight End Defensive End



JIMMER CHILDS Senior 5-11, 185 Center Defensive End



KEITH LAYMAN Senior 5-10, 185 Offensive Guard Linebacker



Conestoga Captains

#64 Fritz Lloyd Offensive Guard / Defensive Tackle

#77 Chris Shelton Offensive Tackle / Defensive End

> #87 Steve Speers Tight End / Defensive End

Pioneers' win streak snapped by Panthers

By CHARLIE ROSENBERRY (Local News Writer) October 15, 1989

WALLINGFORD—The Conestoga Pioneers got caught in a pipeline Saturday, and the ensuing wipeout left them dry on the beach with a 23-8 Central League football loss to Strath Haven.

The Pioneers had five turnovers, four in the first half. Defensively, the Pioneers found new life at

Penncrest <u>Win 21-6</u> October 20, 1989 No Article halftime, holding the Panthers on their first possession. However, poor punting gave Strath Haven excellent field position.

The Panthers defense gave up 182 yards on the ground, with Darrell Alston piling up 143 yards on 25 carries. Despite his fine effort, the Pioneers reached pay dirt just once, coming on a late third-quarter drive. Alston dove three yards for the score.

Strath Haven rushed for 204 yards and 32 tries.



Offensive Linemen

<u>6-6 Final</u> Pioneers have to settle for tie

By CHARLIE ROSENBERRY (Local News Writer) October 28, 1989

PAOLI—A fumble on the three-yard line by John Mansfield with 2:38 remaining in the game stopped Conestoga from taking the lead over Radnor and left the Pioneers with a 6-6 tie Friday night.



Mansfield optioned left on a thirdand-nine play from Radnor 10-yard line. After a terrific head fake that helped Mansfield elude two tacklers, the senior quarterback headed for the end zone.

However, as Mansfield made his

JOHN MANSFIELD

plunge toward the goal line, the ball slipped out of his hands and Radnor recovered it.

"It's part of the game," said Bruce Udovich, Conestoga head coach. "It was a hard-fought game on

both parts. I give them (Radnor) credit for a lot of hard play."

The Pioneers gained just 57 total yards in the first half, while the Raiders gained just 50. The third quarter again opened with three downs and a punt for Radnor. Then, finally, Conestoga got some breaks.

Darrell Alston went to work on the ground, and by the time he finished the Pioneers held a 6-0 lead. Alston rushed for 40 yards on the 92-yard, 14 play scoring drive, capping it with a 2-yard touchdown run.

"He's just a great, great running back," Udovich said.

Alston finished the game with 101 yards on 24 carries. Radnor's next possession proved to be just as successful, though, as the Raiders moved 66 yards in nine plays to even the score, 6-6.

JOHN MANSFIELD, Senior 5-11, 170 Wide Receiver / Defensive Back



JOSH FLEISCHMAN



ADAM STARR



JASON DURRELL



MATT DALY



DAMIEN RAMONDO



MATTHEW TEETER



JOHN ALLEN



DAVE PURCELL



RYAN MCGINTY



NICK GERSBACH

Conestoga 1989 Sophomores

15-14 Victory Conestoga rallies for win over Haverford

By SCOTT PAIDA (Local News Writer) November 5, 1989

HAVERFORD—Conestoga's Central League game with Haverford High on Friday evening was definitely a case of first things first. The Pioneers knew they had undefeated Ridley waiting in the wings for next week, but had to concentrate on the matter at hand, defeating the Fords of Haverford High School.

A victory would also contribute to Conestoga's pursuit of a winning season, something that has eluded coach Bruce Udovich's team in recent years. The Pioneers wanted to prove themselves, and led by rushing of senior Darrell Alston, they came through with a 15-14 come-from-behind win over Haverford.

"We're busting for a winning season," Udovich said. "I think there were two even teams out there, and our team just had the winning edge." The Pioneers got the ball first, but failed to move it.



The Pioneers defense; however, stood firm. On third down and four from the 17, safety Geoff Penske intercepted a Rezer pass in the end zone and kept the Fords off the scoreboard.

GEOFF PENSKE

The Pioneers offense returned to the field, and quickly started a long march of its own. Led almost single-handedly by Alston, Conestoga drove 80 yards in

13 plays, and a 3-yard run by quarterback John Mansfield gave the Pioneers their first lead at 6-0. During that drive, Alston rushed for 8 times for 42 yards.

Conestoga got out of the first quarter with that lead, but with 6:20 remaining in the first half, the Fords jumped out in front.

Conestoga virtually disappeared for the rest of the half, and near its conclusion, it cost them. With less than a minute to go until halftime, the Pioneers were in punt formation. The Fords blocked the kick, and defensive end Todd Solomon recovered it in the end zone, as the stunned Pioneers now found themselves down 14-6.

"They absolutely mauled us on that one," said Udovich. "I was waiting for the state police to come and lock them all up."

Conestoga was down, but on its next possession, it showed that it certainly wasn't out. Alston broke free for a 46-yard run, which set up a 36-yard field goal by Derek Apanovitch. The kick came just as time expired in the half, and was big confidence boost for the Pioneers.

"That won the game for us," Udovich said. "We would have had to go for two points to tie the game. That definitely put us up."

After a sloppy third quarter that was plagued by penalties, the Pioneers decided that the time was right to take the game to the Fords. On the first play of the fourth quarter, Mansfield fired a 53-yard pass to Mike Billela that gave Conestoga a first and goal at the twoyard line. The Pioneers didn't waste any time, as Alston proceeded to score on a two-yard run. The two-point conversion failed, but Conestoga had still taken the lead at 15-14. Alston finished with 142 yards.

"Alston's a winner," Udovich said. "When the going gets tough, he cranked it up. He's done it for us the past two years."

The Pioneers defense shut down Haverford for the remainder of the contest, and Conestoga had guaranteed its fourth league win going into next week's showdown with Ridley.

"They wanted to win so bad, the defense didn't want to let Haverford get a first down," Udovich said. "That is wanting to win. When the game was on the line, we went out and took it. That's how we try to coach them."

Pioneers close gap, but fall to Ridley

By M. D. MOORE (Local News Writer) November 12, 1989

CONESTOGA—Tony Green's two touchdown and 144 yards rushing provided Ridley's 17-9 edge over Conestoga in Central League football Friday night.

"The kids played hard and you have to remember that they got beat against this team pretty bad last year," said Pioneer coach Bruce Udovich.

Ridley, which beat Conestoga 54-13 last season, found the Pioneers knocking at victory's door early. Conestoga, which fell to 5-4-1, put together a scoring drive on its second possession.



RICHARD

AMBROSE

Pioneer quarterback John Mansfield crafted a two-play, 69-yard explosion after connecting with Mike Billela on a cross pattern. Billela returned the favor by cutting back against the grain, eluding five defenders, and scampering for a 42yard score. The Pioneers missed the kick and had a 6-0 lead.

Conestoga; however, compiled a drive with time running out in the half. Jamie Knies put the Pioneers on the board for the last time of the contest. Knies nailed a 24-yard field goal with just seconds left to carry a 9-7 lead into the locker room at half.

Ridley adopted a more aggressive style of play in the second half. The Raiders drove on their first possession only to be stifled by a stingy Pioneer defense.

Conestoga moved the ball effectively, threatening a drive, but the Pioneers turned the ball over twice on fumbles and extinguished any chance for scoring.

"Against a team like Ridley, you can't have turnovers," said Udovich. "Those fumbles, which are uncharacteristic of us, really hurt us."

A hungry Conestoga defense battled to keep its team in the contest. The Pioneers denied Ridley of scoring three times within the 10 yard-line. A rattled Raider squad was unable to convert two of these opportunities into field goals, giving the Pioneers a chance to strike again.

"Defensively, it was a fantastic effort," said Udovich. "They played tough."

"How can I be upset?" said Udovich. "The kids played as hard as they could."



JEB BROOKS



More Conestoga Sophomores

WILEY YINGER



JASON DIFABRIZIO



GREG BYRNES

<u>Thanksgiving Preview</u> Conestoga tackles Marple in bid for winning record

By PAUL DODD (Local News Sports Staff) November 22, 1989

Under second-year head coach Bruce Udovich, the Conestoga football team has shown some dramatic improvement this year.

Conestoga (5-4-1 overall, 4-3-1 Central League) could match its 1983 record of 6-4-1, the last time the Pioneers finished above .500. They could also avenge a brutal 24-0 loss on its own field last Thanksgiving.

But the Pioneers are a far better team than they were a year ago, when their Turkey Day defeat ended Udovich's first season at 3-7-1 overall and in seventh place in the Central League at 3-5-1.

Part of the reason for Conestoga's resurgence has been the fleet feet of Darrell Alston, who has rushed for 1,297 yards on 215 carries and scored nine touchdowns this year, placing him third among Chester County backs.

Teams that key on Alston; however, can be burned by 5-9 senior running back Mike Billela, who picks up yardage both receiving and running the ball. Billela has 17 catches for 303 receiving yards and three touchdowns along with 267 rushing yards.

<u>9-9 Tie</u>

Defense helps Pioneers

By M.D. MOORE (Local News Writer) November 26, 1989

NEWTOWN SQUARE—Conestoga football coach Bruce Udovich has an effective and powerful philosophy—a great defense is a great offense.

A stingy Pioneer defense turned his theory into reality Saturday in a 9-9 holiday brawl against 7-3-1 powerhouse Marple Newtown.

"I thought we could defend them," said Udovich. "Marple is the second leading scoring team in Delaware County, and we held them without a rushing touchdown."

The 5-4-2 Pioneers stifled the Tiger running game, holding their ground attack to minus-10 yards. "Our defense was just tremendous," said Udovich.

Both teams traded 35-yard field goals in the first quarter, keeping the game 3-3 until late in the second. Conestoga quarterback Charles Crawford fumbled the snap, and Marple's Chris McCune recovered on the Pioneer 1.

Marple took over, hoping to take advantage of its spoon-fed scoring opportunity. However, the Pioneer defense silenced two running attempts, pushing the Tigers back to the 3 on third down.

Marple quarterback John Stetzick dropped back to pass on third and goal and was pressured by a



Conestoga blitz. Stetzick was hit from behind while releasing the ball thrown short of his target. Pioneer cornerback Chris Quinn intercepted the hanging football and scampered 97 yards down the sideline for a 9-3 lead.

"That long interception was a thing of beauty," said Udovich.

"We were on the 1-yard line and 3

yard-line and we got six on the interception," said Marple coach Jim Smith. "That's tough when you get in that close and get nothing out of it."

However, Marple answered with a miraculous play early in the third. Marple quarterback Michael Gillen and Paul Pellecchia connected for their version of the Immaculate Reception to deny Conestoga the upset.

Gillen passed to Scott Litwinko, who was hit by a timely Conestoga defender when the ball arrived. The ball deflected towards the ground and popped back into the air after hitting another Conestoga player. Pellecchia grabbed it on the run and rambled down the sideline for a 59-yard touchdown miracle.

Marple's extra point kick attempt hit the crossbar and deflected away to lock the game at 9-9.

CHRIS QUINN, Senior 5-10, 185 Wide Receiver / Defensive Back

1989 CONESTOGA FOOTBALL ROSTER

NUMBER	NAME	POSITION	HEIGHT	WEIGHT	GRADE
10	Charles Crawford	QB	5'10"	165	12
11	John Mansfield	WR/DB	5'11"	170	12
12	Josh Fleischman	QB/DB	5'8"	150	10
14	Adam Starr	QB/S	5'11"	155	10
20	Jason Durrell	TB/S	6'0"	160	10
21	Chris Quinn	WR/DB	5'10"	185	12
22	Maxi Barajas	WR/DB	5'10"	165	12
23	Darin D'Ascanio	TB/S	5'9"	155	11
24	Mike Billela	TB	5'9"	160	12
25	Matt Daly	WR/DB	5'8"	140	10
26	John McBain	WR/DB	5'9"	140	10
30	Nigel Goles	TB/LB	5'9"	165	12
31	Darrell Alston	WR/S	5'10"	165	12
32	Damien Ramondo	TB/DB	5'9"	150	10
33	Ryan Nagle	TB/LB	5'9"	160	12
34	Matt Teeter	TB/LB	5'8"	145	10
35	Eric Hatton	FB/LB	5'9"	160	12
40	James Falcone	WR/LB	5'9"	155	12
42	Geoff Penske	WR/S	5'10"	160	12
44	Owen Hicks	FB/LB	6'0"	185	10
45	John Allen	FB/LB	5'11"	165	10
50	Dave Verrecchia	OT/DT	5'10"	185	11
54	Dean Workman	C/DT	5'10"	165	11
55	Dave Purcell	C/DE	5'10"	160	10
56	Keith Layman	OG/LB	5'10"	185	12
58	Jimmer Childs	C/DE	5'11"	185	12
62	Ryan McGinty	OG/LB	5'9"	150	10
63	Nick Gersbach	OT/LB	6'0"	185	10
64	Fritz Lloyd	OG/DT	5'11"	195	12
65	Rich Ambrose	OG/DT	5'9"	180	10
66	Bryan Rappoport	OT/DT	6'1"	230	12
68	Jeb Brooks	OG/Lb	5'9"	155	10
70	Will Knapp	OT/DT	5'10"	175	11
72	Sean McLaughlin	OT/DT	5'10"	205	12
75	Andy Ralston	OT/DT	5'10"	185	12
76	Wiley Yinger	OT/DT	5'11"	190	10
77	Chris Shelton	OT/DE	6'4"	210	12
80	Jason DiFabrizio	WR/DB	5'10"	150	10
81	Jamie Knies	K	5'11"	170	12
82	Eric Thorne	TE/S	6'0"	170	12
83	Mike Lundblad	WR/DB	5'10"	155	12
85	KiYeol Choe	TE/DB	6'0"	165	11
87	Steve Speers	TE/DE	6'1"	205	12
88	Greg Byrnes	TE/DE	6'0"	185	10
89	Derek Apanovitch	K	6'3"	185	11

Bruce Udovich entered his second season as the Head Coach of the Conestoga Pioneers with a group of seniors who were extremely close knit. They wanted to improve on the 1988 record. And they wnated have a good start. To make certain they "wouldn't be late for the first practice, a dozen of the Conestoga seniors slept out on the practice field and watched the Eagles-Jets game on television."

In the season preview article in the *Daily Local*, senior Steve Speers said, "We have the potential to improve. We have a strong offensive line and good quarterback. I think we'll do better than last year." And they did. Their record was 5-4-2. Their first win was an upset 21-0 victory over West Chester East. The other wins were against Upper Darby (28-13), Lower Merion (14-13), Penncrest (21-6) and Haverford (15-14). The two ties were 6-6 vs Radnor and 9-9 on Thanksgiving Day vs. powerhouse Marple Newtown.

Captains of the team were offensive guard/defensive tackle Fritz Lloyd, offensive tackle/ defensive end Chris Shelton, and tight end/ defensive end Steve Speers. Outstanding on the offensive side were Darrell Alston, Mike Billela and John Mansfield. Udovich had praise for his defense after each game. After the Haverford game he said, "They wanted to win so bad, the defense didn't want to let Haverford get a first down. That is wanting to win. When the game was on the line, we went out and took it." Defensive stand-outs were Fritz Lloyd, Chris Shelton, Steve Speers, Jimmer Childs, Keith Layman, Geoff Penske and Chris Quinn. Place-kicker Jamie Knies was a goalie for Conestoga's soccer team, and he saved the day with field goals and extra points.